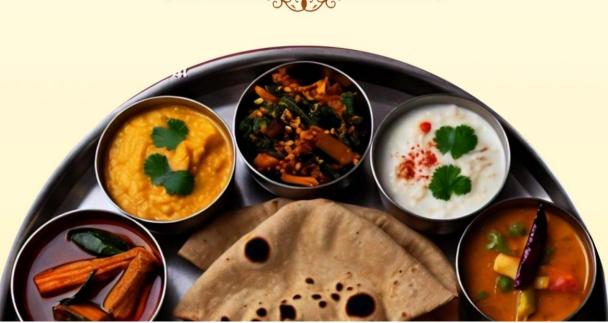


Pure foods, from the heart of India Straight from

Madhya Pradesh FPO farmers



The Purity of Madhya Pradesh in every bite

Staples (rice, dal & more)

Basmati rice

Bauna Dubraj rice

Chinnor rice

Jeeraphool rice

Kalimooch rice

Sonakarchi rice

Shriram rice

Tulsi Amrit rice

Vishnu Bhog rice

Baigani Arhar dal

Chana dal

Dehati chana

Kabuli chana

Moong chilka dal

Saboot Masoor

Toor dal

Urad dal

Besan

Chia seeds

Dalia

Flaxseed

Maida

Makka atta

Mustard oil

Soy chunks

Wheat atta

Quinoa

White quinoa

Sizzlers (pickles, sauces & spices)

Amla achar

Chili achar

Mango achar

Kathal achar

Lal mirch achar

Lemon achar

Mix achar

Shatavar Adrak achar

Chili sauce

Tomato sauce

Dhaniya

Dhaniya powder

Haldi powder Kasoori methi

Methi

Poppy seeds

Red chili powder

White sesame

Sweeteners

Amla Candy

Amla Murabba

Gulkand

Jaggery Burfi

Jungle Honey

Kodo laddu

Kutki laddu

Snacks

Millet cookies

Ratlami Sev

Roasted peanuts

Soy nuts

Teekha mixture

Sip & Slurp

Chai masala

Lemon honey masala

sharbat

Orange juice powder





Basmati rice

This aromatic & delicious Basmati rice is defined by its distinctly long, nutrient-rich & slender grains. Make your every meal special with this carefully cultivated & authentic Basmati rice.

₹90 Qty:1Kg

Gadarwara Trade PCL Gadarwara, Madhya Pradesh









Bauna Dubraj rice

This organic rice is grown naturally without using harmful pesticides or fertilizers. It's a traditional cultivar of Madhya Pradesh, known for its pleasant aroma & delicate taste. A non-Basmati aromatic short to medium-grain rice ideal for daily meals & savoury dishes.

₹75 Qty:1Kg

Maihar FPCI Maihar, Madhya Pradesh









Chinnor rice

This traditional variety of rice from Balaghat, Madhya Pradesh, has earned a GI Tag for being an exclusive cultivar of the state. The endemic, ceremonial, premium-quality rice is ideal for delicious & nutritious meals & occasional dishes.

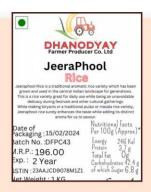
₹110 Qty:1Kg

Chinnor Vally FPCL Balaghat, Madhya Pradesh









Jeeraphool rice

It's one of the few indigenous rice varieties grown since ancient times in India. This superfine rice with a cumin-like texture is very soft & aromatic, ideal for making Kheer & Pulao.

₹196 Qty:1Kg

Dhanodyay FPCL Shahdol, Madhya Pradesh









Kalimooch rice

This traditional rice from Annuppur,
Madhya Pradesh has high nutritional
value. The pure & premium-quality rice
is ideal for delicious & nutritious meals
& occasional dishes.

₹135 Qty:1Kg

Rewadhara FPCL Annuppur, Madhya Pradesh









Sonakarchi rice

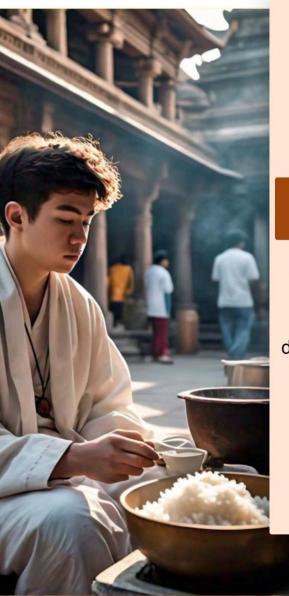
An indigenous variety of rice from Maihar in Madhya Pradesh. The short-grain white rice is known for its nutritional value & delicious taste.

₹75 Qty:1Kg

Maihar FPCL Maihar, Madhya Pradesh









Shriram rice

Premium-quality, safely packed rice with numerous health benefits. It boosts instant energy, improves digestion, & aids weight loss. Prepare daily meals or delicious rice dishes with this aromatic, soft rice.

₹90 Qty:1Kg

Barghat Natural Farming PCL Barghat, Madhya Pradesh









Tulsi Amrit rice

A 100% authentic premium-quality short-grain rice with a pleasing aroma & high nutritional value. It's ideal for making delicious & nutritious meals & occasional dishes.

₹139 Qty:1Kg

Daldali FPCL Mandla, Madhya Pradesh









Vishnu Bhog rice

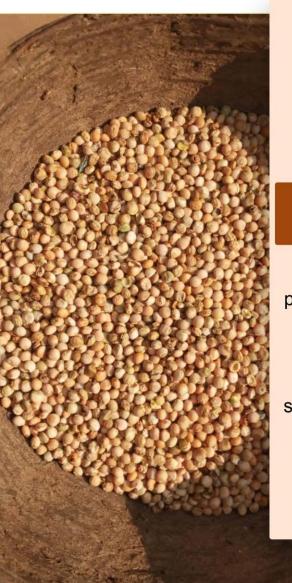
An aromatic short-grain rice, ideal for pulao, kheer & daily meals. This premium-quality rice is naturally aged & safely packed to ensure the highest standards of hygiene, providing perfect nutrition to your family.

₹139 Qty:1Kg

Daldali FPCL Mandla, Madhya Pradesh



Spen





Baigani Arhar

A delicious & nutritious variety of pigeon pea, exclusively grown by the Baiga tribe of Madhya Pradesh.
Baigani Arhar is known for its high protein content and delightful sweetness. It's digestive & takes less time to cook.

₹150 Qty:1Kg

Karanjiya Millets FPCl Karanjiya, Madhya Pradesh









Chana Dal

A good source of iron & folate, this unpolished chana dal has a low glycemic index, making it diabetic-friendly. This natural, chemical-free grain enriched with protein & dietary fiber provides a delicious taste & improves digestion

₹68 Qty:1Kg

Dindori Natural Farming PCL Dindori, Madhya Pradesh









Dehati chana

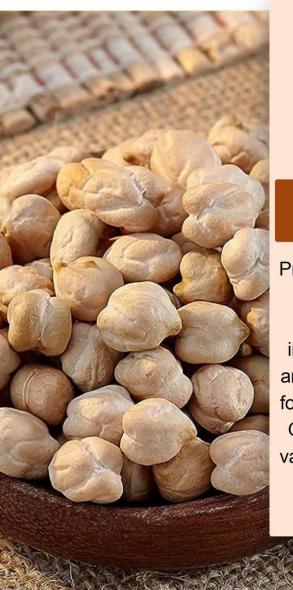
Make savoury dishes with this unpolished chana loaded with protein and dietary fiber. Enjoy delicious chana masala with natural taste and goodness.

₹60 Qty:1Kg

Isagarh FPCL Ashoknagar, Madhya Pradesh









Kabuli chana

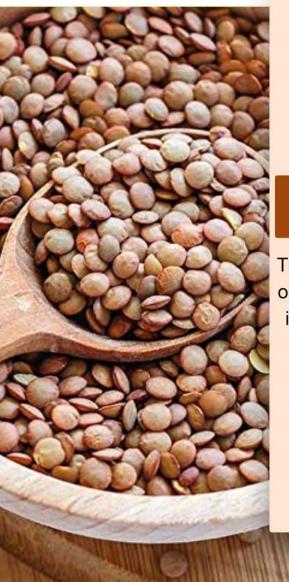
Premium-quality, safely packed Kabuli chana, rich in protein, vitamins, minerals & dietary fiber. A key ingredient in falafel, white chickpeas are popularly used in chole and stews for their creamy texture & mild flavour. Ground kabuli chana flour is used in various snacks like pakoras & sweets.

₹310 Qty:1 Kg

Gogawan Crop PCL Khargone, Madhya Pradesh









Saboot masoor

This small variety of dal is naturally red or orange in color & is commonly used in various culinary dishes around the world. It's a popular ingredient in Indian cuisine, known for its quick cooking time, delicious taste & high protein content.

₹120 Qty:1Kg

Dindori Natural Farming PCL Dindori, Madhya Pradesh









Moong Chilka dal

This organic unpolished moong dal grown by FPO farmers provides a range of healthy & delicious recipes.

Enjoy a combination of taste & nutrition with the simple dal or other savoury dishes.

₹159 Qty:1Kg

Raisen Trade FPCL Raisen, Madhya Pradesh









Toor dal

Pure unpolished toor dal loaded with nutrition. This safely packaged dal provides healthy & delicious meals.

Make daily or occasional dishes & enjoy the natural goodness & flavour.

₹90 Qty: 500 gm

Karera SFAC women FPCL Shivpuri, Madhya Pradesh









Urad dal

A good source of plant-based protein, this pure, unpolished urad dal is naturally grown by women farmers of Madhya Pradesh. It has a slightly nutty & earthy flavour & is a key ingredient in popular dishes like dal makhani.

₹160 Qty:1Kg

Hatta Ajivika Mahila Kisan FPCL Hatta, Madhya Pradesh









Besan

A great addition to your cooking & beauty routine, this pure besan is made safely from high- chickpeas. It gently exfoliates your skin & pampers your taste buds when you make pakora & other crispy snacks.

₹75 Qty: 500 gm

Harsud FPCL Khandwa, Madhya Pradesh









Chia seeds

Rich in fiber, Chia seed enhances nutritional value when added to cereals, crackers, beverages, or salads. It also promotes weight loss.

₹350 Qty:1Kg

Piploda FPCL Ratlam, Madhya Pradesh









Dalia

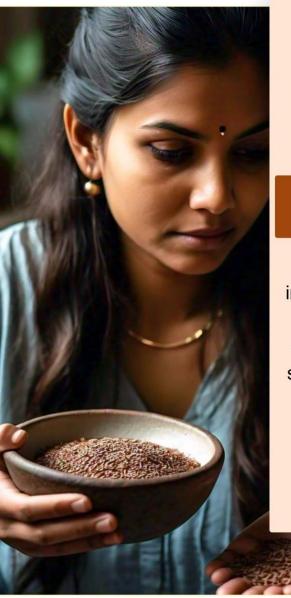
This organic dalia made from wholesome broken wheat provides wholesome & delicious breakfast options. Rich in protein, vitamins, iron, & fiber & low in fat, it aids weight loss. Prepare kheer, pulao, khichdi, etc, with this pure & safely processed dalia.

₹400 Qty:5 Kg

Jeevdani FPCL Khachrod, Madhya Pradesh









Flaxseed

It improves the digestive system & immunity. Flax seeds can rejuvenate your dehydrated body with its rich omega-3 oils content. Take roasted seeds with salads, soups, or shakes for a healthy & tasty treat.

₹105 Qty: 200 gm

Neemuch SFAC women FPCL Neemuch, Madhya Pradesh









Maida

This organic maida has low gluten & can be used in making delicious guilt-free snacks. Make a range of traditional dishes & baked items with this safely packed maida.

₹300 Qty:5 Kg

Jeevdani FPCL Khachrod, Madhya Pradesh









Makka atta

This naturally grown maize wheat flour is rich in folic acid & vitamin B12. It's perfect for making healthy breads & delicious baked items. Enjoy wholesome & tasty meals with this safely processed atta.

₹75 Qty:1Kg

Shivbadlinaturals FPCL Ratlam, Madhya Pradesh









Mustard oil

Adulteration-free pure mustard oil, wood pressed & packaged safely by FPO farmers. Enjoy the intact natural goodness and strong flavour. Make a variety of dishes & add a zing to your food.

₹200 Qty: 500 ml

Begamganj Atma Nirbhar Kisan FPCL Raisen, Madhya Pradesh









Soy chunks

A protein powerhouse, these soy chunks are made from defatted soy flour & processed into spongy, delicious pieces that readily absorb flavours & can be used in countless culinary creations.

₹20 Qty: 250 gm

Harsud FPCL Khandwa, Madhya Pradesh









Wheat atta

Naturally grown whole wheat flour. It's ideal for making daily flatbreads & delicious baked items. Enjoy wholesome & tasty meals with this safely processed atta.

₹35 Qty:1Kg

Harsud FPCL Khandwa, Madhya Pradesh









Quinoa

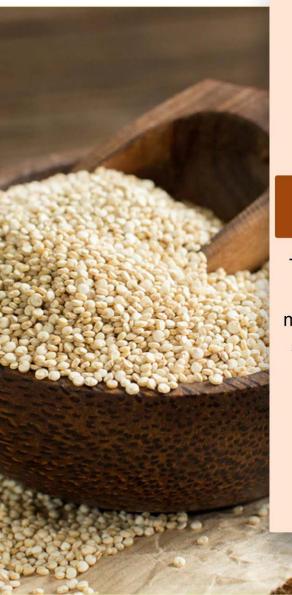
This pure & safely packed quinoa provides a nutty undertone & an earthy aftertaste similar to brown rice. A great source of protein & carbohydrates, It has a soft & slightly chewy texture.

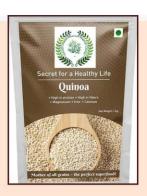
₹125 Qty: 250 gm

Neemuch SFAC women FPCL Neemuch, Madhya Pradesh









White quinoa

This high-quality quinoa contains all nine essential amino acids, fiber, magnesium, iron, & calcium. Add it to salads or soups, or make it like rice with your favourite toppings.

₹890 Qty: 500 gm

Piploda FPCL Ratlam, Madhya Pradesh









Amla achar

Loaded with vitamin C, it boosts both your health & taste. Enjoy the superb taste of Amla mixed with natural spices.

₹75 Qty: 250 gm

Seoni Natural Farming PCL Seoni, Madhya Pradesh









Chili achar

Made with the finest natural ingredients & hand-picked chilis. This traditional pickle is a delicious addition to your meals. Pair it with dal, sabzi, or other dishes to elevate the taste.

₹40 Qty: 200 gm

Kisantushti PCL Ujjain, Madhya Pradesh









Mango achar

Enjoy the perfect blend of spicy, tangy & sweet flavours with this delicious mango achar. Carefully made with fresh raw mangoes & homemade spices, it's delightful compliments to your meals.

₹45 Qty: 200 gm

Kisantushti PCL Ujjain, Madhya Pradesh









Kathal achar

Made with high-quality jack fruit & natural ingredients like methi, ajwain, kalonji, mustard oil, etc. The safely processed traditional pickle is loaded with taste, flavour & goodness.

₹120 Qty: 500 gm

Gaivinath Vegetable & Milk FPCL Satna, Madhya Pradesh









Lal mirch achar

Made with the finest homemade spices & hand-picked red chilis. This traditional pickle is a perfect addition to your meals. Pair it with dal, sabzi, or other dishes to enhance the taste.

₹180 Qty: 500 gm

Gaivinath Vegetable & Milk FPCL Satna, Madhya Pradesh









Lemon achar

This Traditional pickle is made with natural lemons, ground spices, salt & oil. It's a perfect side dish to your meal and is believed to aid digestion.

₹349 Qty: 500 gm

Aahilyarewa Agro FPCL Indore, Madhya Pradesh









Mix achar

Fresh pieces of ginger, garlic & chili mixed with ethnic spices & oil by traditional culinary experts. It enhances your meal with a burst of taste & flavour.

₹40 Qty: 200 gm

Kisantushti FPCL Ujjain, Madhya Pradesh









Shatavar adrak achar

This shatavar adrak achar provides delicious well-being. Enjoy the herbal goodness of ginger & shatavar with the tangy & spicy flavour.

₹375 Qty: 250 gm

Seoni Natural Farming FPCL Seoni, Madhya Pradesh



Click here to order







Chilli Sauce

Made from chopped chili peppers, vinegar, sugar, and salt, it enhances your cooking. This hot sauce is made carefully and is an unmatched addition to your favourite dishes.

₹75 Qty:700gm

Maihar FPCL Maihar, Madhya Pradesh









Tomato Sauce

Made from pureed tomato, vinegar, sugar, and salt, it makes your snack time delightful. This sweet, spicy & tangy sauce is made carefully and is an unmatched addition to your food.

₹75 Qty: 700 gm

Maihar FPCL Maihar, Madhya Pradesh









Dhania powder

Made carefully from high-quality, natural coriander seeds. Enhance the flavour of your dishes with the subtle nuances of this pure, premium-quality coriander powder.

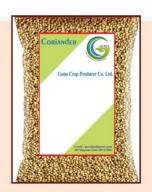
₹65 Qty: 250 gm

Jawad SFAC women FPCL Neemuch, Madhya Pradesh









Dhaniya

High-quality coriander seeds, handpicked & safely packed by FPO farmers. Loaded with numerous minerals, vitamins & dietary fibers, these whole coriander seeds add palatable flavour to curries, salads & dips.

₹230 Qty: 500 gm

Guna Crop PCL Guna, Madhya Pradesh









Haldi powder

Made carefully from the finest turmeric roots. This pure & authentic turmeric powder contains natural goodness & flavour. Use a pinch for a golden hue in your cooking, or take it with milk for immense health benefits.

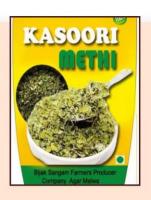
₹100 Qty: 250 gm

Betul SFAC women FPCL Betul, Madhya Pradesh









Kasoori methi

Zero adulteration, pure & naturally grown kasuri methi. Packed with healthy goodness & healthy goodness. Add it to cooking for a burst of flavour.

₹90 Qty:100 gm

Bijaksangham FPCL Agar Malwa, Madhya Pradesh









Methi

These pure, aromatic & high-quality fenugreek are used for tempering food. It adds a healthy & delicious flavour to your cooking.

₹25 Qty: 200 gm

Jawad SFAC women FPCL Neemuch, Madhya Pradesh









Poppy seeds

Discover the nutritious goodness of these premium-quality poppy seeds. Rich in protein, fiber, and omega-3 fatty acids, they are a wholesome addition to your diet. Harvested from the fertile soils of Piploda, Madhya Pradesh, these handpicked seeds enhance a variety of dishes.

₹980 Qty: 500 gm

Piploda FPCL Ratlam, Madhya Pradesh









Red chili powder

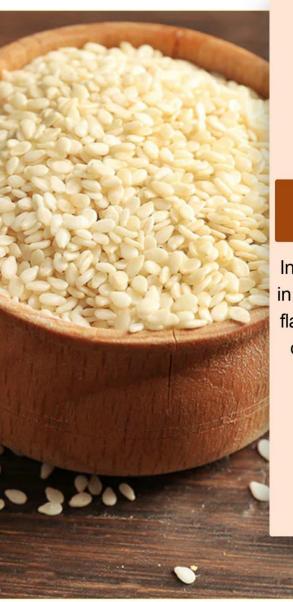
High-quality red chilis are handpicked & safely processed, making this pure red chili powder. This unadulterated authentic chili powder adds a natural hot flavour to your cooking.

₹310 Qty:1 Kg

Berasia Atamanirbhar Mahila FPCL Bhopal, Madhya Pradesh









White sesame

Include this high-quality white sesame in your daily meal for a burst of healthy flavour. Make a dip with ground seeds or add roasted seeds to your salad, bread dough, etc.

₹308 Qty:1Kg

Piploda FPCL Ratlam, Madhya Pradesh









Amla candy

This delicious amla candy is a healthy treat with flavour and goodness. It's made with care from the finest Indian gooseberries. Each bite-sized candy provides the natural tanginess and sweetness of amla, delivering a delightful taste.

₹60 Qty: 200 gm

Bajag Progressive FPCL Girwarpur Mal, Madhya Pradesh









Amla murabba

Made from high-quality Indian gooseberries, this sweet & tangy amla murabba is rich in vitamin C and is good for digestion. Enjoy it as a healthy snack & experience the unique healthy taste.

₹120 Qty: 250 gm

Prathistha Kisan PCL Bhopal, Madhya Pradesh



Click here to order







Gulkand

Gulkand is mostly used as an ingredient in paan to enhance flavour. It also has therapeutic properties and is used in Ayurveda for good health. This rose petal-based sweet product is believed to enhance appetite and digestion.

₹250 Qty:1Kg

Badwaha FPCL Khargone, Madhya Pradesh



Click here to order







Jaggery burfi

This pure jaggery barfi is a healthy sweetener derived from natural sugarcane juice, providing a rich & distinct flavour to your sweet dishes.

₹70 Qty:1Kg

Ichhawar Krishi FPCL Sehore, Madhya Pradesh









Jungle Honey

This authentic honey is collected by farmers of Mandla, Madhya Pradesh, straight from the hives of the jungle. Enjoy the wellness & sweetness of honey in the purest form.

₹249 Qty: 250 gm

Chogaanbichhiya FPCL Mandla, Madhya Pradesh









Kodo laddu

This wholesome and flavourful sweet delight celebrates the nutritional richness of kodo millet. Made with care, these laddus offer a perfect blend of healthy ingredients and delectable flavour, providing a guilt-free snacking.

₹150 Qty: 200 gm

Rani Durgawati FPCL Ghugari, Madhya Pradesh









Kutki laddu

This healthy and flavourful sweet contains the natural goodness of kodo millet. Made with care, these sweets offer a perfect blend of health and taste, providing a guilt-free snacking.

₹160 Qty: 200 gm

Rani Durgawati FPCL Ghugari, Madhya Pradesh









Millet cookies

Millet cookies are made with pure finger millet flour, desi ghee, sugar & vanilla essence. These cookies are gluten-free, delicious & nutritious treats for people of all ages.

₹100 Qty:200 g

Karanjiya Millets FPCL Karanjiya, Madhya Pradesh









Ratlami Sev

Ratlami Sev, made with pure besan & a blend of aromatic spices like asafoetida, turmeric, red chilli powder. Traditional grinding techniques are used in making. Enjoy it with tea or coffee, make chat, or crumble it over curries for a burst of flavour.

₹220 Qty:1kg

Sailana FPCL Ratlam, Madhya Pradesh









Roasted Peanuts

Premium quality peanuts, that are slowly clay-roasted. Perfect for snacking anytime. These peanuts are packed with purity and only pure ingredients are used. You can also eat during fasting.

₹230 Qty:1kg

Pati Rural Livelihood FPCL Badwani, Madhya Pradesh









Soy nuts

Soy nuts are made from soybeans that have been soaked in water, drained, and roasted. A healthy & delicious snack. They taste similar to other soy products but have a nuttier texture.

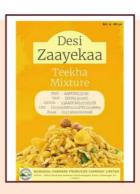
₹350 Qty: 500 g

Pratistha Kisan PCL Bhopal, Madhya Pradesh









Teekha mixture

Teekha mix namkeen, made with various savory ingredients such as fried lentils, peanuts, sev, rice flakes, and spices. Crunchy, tangy & spicy snack. Add to chaat, bhel puri or sev puri for a burst of flavour.

₹90 Qty: 400 g

Mungawali FPCL Mungaoli, Madhya Pradesh





Sip & Slurp





Chai Masala

Chai Masala for all chai lovers who seek authentic masala chai. This pure chai masala is a blend of pure spices like- dry ginger, cloves, black pepper, cardamom, nutmeg, mace, cinnamon & saffron. Add this masala to milk or water to make delicious tea.

₹110 Qty:50g

Shree Vishala FPCL Ujjain, Madhya Pradesh





Sip & Slurp





Lemon honey masala sharbat

Lemon honey masala sharbat, with the goodness of pure honey & lemon juice. A refreshing sharbat that also aids digestion. Drinking it empty stomach will help with stomach-related problems. Mix it with a glass of water & make delicious masala sharbat easily.

₹140 Qty:700ml

Shree Vishala FPCL Ujjain, Madhya Pradesh





Sip & Slurp





Orange juice powder

Orange juice powder is a dehydrated form of orange juice that is made by heating freshly squeezed orange juice until the water evaporates, leaving behind a powdery concentrate. The concentrate is then dried and ground into a fine powder. Easy to make refreshing orange juice at home.

₹185 Qty: 500 g

Kishaan Tavisa Agro FPCL Agarmalwa, Madhya Pradesh







All these products are naturally grown and processed by FPO farmers. Each pack contains love, care and traditional delicacies of Madhya Pradesh in the purest form.

For equities & feedback Contact: **■** sfac@nic.in

