





Flavours of Bihar

Celebrate the rich agri produce of Bihar

by FPO* farmers





Introduction

Bihar has a rich agricultural heritage due to its fertile plains. Rice, wheat, maize, pulses, oil seeds and sugarcane are the major crops grown here. With this catalogue, you'll get a chance to know about the diverse and delectable agricultural products grown & prepared by Farmer Producer Organizations of Bihar.

You can also purchase them direct from FPO farmers simply by clicking the link provided with each products.



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Black wheat atta

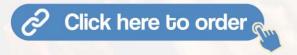
Mithlachal FPCL

Patna, Bihar

₹ 90 | Qty: 1 kg



Black wheat flour, made from premium quality black wheat. A gluten-free, non-GMO, high-fiber, and low-carb option. It's super healthy, packed with antioxidants & fiber that are great for your body.





Chakki atta

Patori FPCL

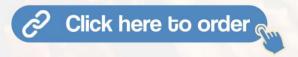
• Patna, Bihar

₹ 20 |

Qty:500 g



Chakki atta, finely ground from the finest quality wheat. Packed with nutrients. Best atta for making chapati, paratha or baking purposes.





Chana sattu

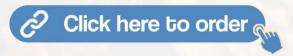
Zardalu & Katarni Agro FPCL

Sultanganj, Bihar

₹ 180 | Qty: 1 kg



The authentic chana sattu of Bihar, made from 100% roasted chana. It is a better source of energy in summer which is more beneficial if taken on an empty stomach. Take it as sattu drink or make litti or paratha.





Maize flour

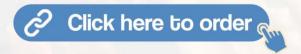
Kashivn FPCL

Vaishali, Bihar

₹ 80 | Qty: 1 kg



Maize flour or makai ka atta, made from maize or corn that is majorly grown in Bihar. This versatile makai ka atta is made from the finest quality maize. Make makke di roti with sarso ka saag.





Maize sattu

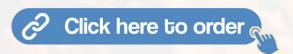
Amrit lal FPCL

• Patna, Bihar

₹ 30 | Qty: 200 g



Maize sattu is a wholesome and nutritious flour made from roasted maize (corn). Specially in summer, it is consumed as sattu drink to keep the body cool and hydrated.





Marua aata

Harnaut Magadh FPCL

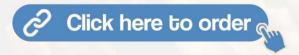
Harnaut, Bihar

₹ 30

Qty: 250 g



Maruaa atta, also known as ragi flour or finger millet flour is a nutritious gluten-free flour. It is believed that Jitiya festival is started by eating fish and Marua roti. Maruaa roti is also good for those who want to control blood sugar level.





Maize dalia

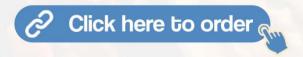
Bithan FPCL

Patna, Bihar

₹ 30 | Qty:200 g



Maize dalia, made from broken maize. A wholesome and satisfying breakfast option that is full of nutritional value. Consume it as dalia, porridge or khichdi.





Wheat dalia

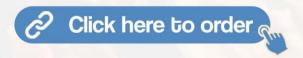
Minapur FPCL

Muzaffarpur, Bihar

₹ 80 | Qty: 1 kg



Broken wheat or dalia is a good source of magnesium. It can be used to make nutritious snacks like upma or savory porridge, khichdi. Those who don't eat rice, can try this option.





Dry oyster mushroom

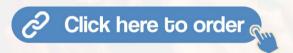
Madhopur FPCL

Biharsharif, Bihar

₹ 349 | Qty: 250 g



Oyster mushrooms that are dehydrated or dried to remove their moisture content. Mushroom producer #FPO have prepared it from quality oyster mushroom. It can be used for making delicious curry.





Mushroom pickle

Madhopur FPCL

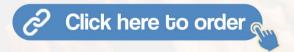
Biharsharif, Bihar

₹ 575

Qty: 1 kg



Oyster mushroom pickle, a delightful and flavourful complement of your daily meal. Made from oyster mushrooms that have been marinated and preserved with oil & spices.





Mushroom powder

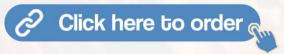
Madhopur FPCL

9 Biharsharif, Bihar

₹200 | Qty: 100 g



Oyster mushroom powder is a versatile and nutritious ingredient made from dried oyster mushrooms. It can be used as a seasoning in a variety of dishes. Sprinkle it over soups, stews, sauces, stir-fries or marinades to get a yumm flavour.





Desi cow ghee

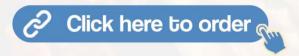
Gogabil Lake Agro FPCL

• Patna, Bihar

₹ 420 | Qty: 500 ml



Pure indigenous cow ghee, prepared by traditional method. Unadulterated ghee, taste & colour are natural. Spread it on chapati or use it for making paratha, pulao and other recipes, for an authentic taste.





Mustard oil

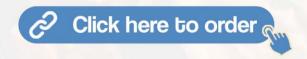
Durgavati Agro Vision Krishak FPCL

• Patna, Bihar

₹200 |

Qty: 1 L

Pure mustard oil extracted from black mustard seeds. This cold-pressed oil retains its natural properties and flavours.





Sesame oil

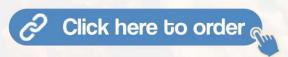
Sukhchain Agriculture FPCL

• Patna, Bihar

₹ 75 |

Qty: 500 ml

Sesame oil, extracted from high quality sesame seeds. It's rich in antioxidants, vitamins, and minerals. Pure cold pressed oil. Best for cooking.







Yellow mustard oil

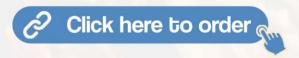
Sukhchain Agriculture FPCL

• Patna, Bihar

₹ 80 | Qty: 500 ml



Yellow mustard oil, extracted from yellow mustard seeds. Pure kachchi ghani, nutritious, adulteration free. Best for cooking and skin massage.





Mango pickle

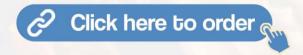
Chainpur Krishi Utpadak FPCL

Patna, Bihar

₹ 179 | Qty: 500 g



Mango pickles made with the finest raw mangoes which are specially grown for making achar. Tangy, spicy home-made pickle. The best companion to your simple meal. One spoon aam ka achar with dal-chawal & salad.





Red chilli pickle

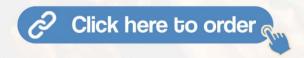
Mundrika FPCL

Vaishali, Bihar

₹ 180 | Qty: 450 g



Red chilli pickle made by locally grown red chilli, filled with a blend of traditional spices. Taste is just like home-made chilli pickle. Pair it with daal-bhat or parathas.



Pulses



Arahar dal

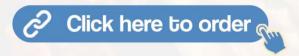
Progressive Chand Agro PCL

• Patna, Bihar

₹ 159 | Qty: 1 kg



Best quality Arhar or toor dal, grown in the fertile lands of Bihar. Known for its superior taste, aroma, and nutritional value. Not just a staple in the kitchen but also a source of nourishment for your family.





Chana dal

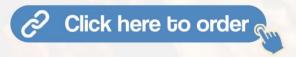
Gogabil Lake Agro FPCL

• Patna, Bihar

₹ 60 | Qty: 1 kg



Best quality chana dal at very reasonable price. Sourced from the finest chickpeas. Whether you're whipping up comforting dal dishes, crispy pakoras, or curries, this chana dal is sure to impress with its rich taste and creamy texture.





Chitra rajma

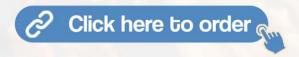
Gamharia FPCL

• Gamharia, Bihar

₹ 70 | Qty: 250 g



Chitra rajma are a rich source of plant-based protein, making them a valuable food. Make delicious rajma at your home with the best quality chitra rajma. Have it with rice.





Kulthi dal

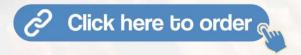
Mithlachal FPCL

• Patna, Bihar

₹ 150 | Qty: 1 kg



Kulthi dal, also known as horse gram dal. Rich in protein, fiber, and various nutrients. An excellent choice for vegetarians and vegans looking to meet their protein needs.





Masoor dal

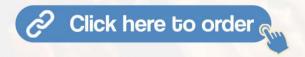
Mithlachal FPCL

• Patna, Bihar

₹ 80 | Qty: 1 kg



Red masoor dal, unpolished & nutrient rich. Each grain retains its natural taste and nutritional goodness. Best for everyday meal.





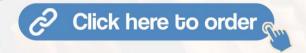
Moong

Yaduwanshi FPCL

Sitamarhi, Bihar

₹ 100 | Qty: 1 kg

Moong is highly nutritious, rich in protein & minerals. This organic green gram can be boiled, sprouted or roasted. Eat as sprouted salad, moong curry or dal.





Moong dal

Mithlachal FPCL

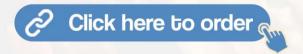
• Patna, Bihar

₹ 150 | Qty: 1 kg



Best quality moong dal, unpolished & natural. It is an excellent source of protein, having high digestibility.

Consumed as whole grains as well as Dal, or in many ways.





Pink chana

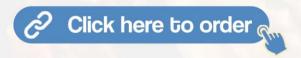
Harnaut Magadh FPCL

• Harnaut, Bihar

₹ 35 | Qty: 250 g



Pink chana refers to a variety of chickpeas that have a pinkish hue. Packed with protein & other nutrients. Make spicy chana chaat or delicious chana masala.





Whole masoor

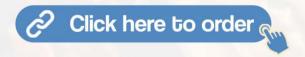
Lakhami Bulls FPCL

Sitamarhi, Bihar

₹ 149 | Qty: 1 kg



Whole masoor or brown lentils from the fertile land of Bihar. Make a healthy, tasty protein-packed vegan dinner quickly.





Dehati chawal

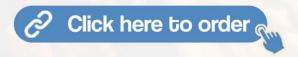
Chehrakalan FPCL

Vaishali, Bihar

₹ 60 | Qty: 1 kg



This traditional aromatic rice contains low GI which is good for health. Eat it as regular steamed rice or make rice dishes.



Rice



Gopal bhog rice

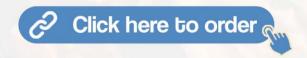
Bhabhua Krishi Utpadak PCL

• Kaimur, Bihar

₹ 95 | Qty: 1 kg



Gopal bhog rice is locally grown rice variety in Kaimur. Its unique taste & aroma will tempt you. Make steamed rice for your lunch.





Govind bhog rice

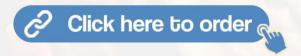
Chainpur Krishi FPCL

• Patna, Bihar

₹ 110 | Qty: 1 kg



Govind bhog rice is a fragrant & short grain rice variety known for its unique aroma and taste. It can be consumed simply as steamed rice or you can make delicious pulao, khichdi & kheer of your choice.





Kaimur anna jeera rice

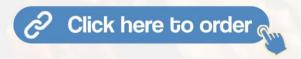
Durhavati Agro Vision FPCL

• Patna, Bihar

₹ 80 | Qty: 1 kg



Kaimur anna jeera rice is locally grown aromatic rice from Bihar. Aromatic, short grains & sweet taste is best for making kheer.





Katarni rice

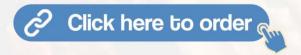
Katoria FPCL

Banka, Bihar

₹ 125 | Qty: 1 kg



Katarni rice is a fragrant and short-grain variety of rice originally grown in Bhagalpur & Banka districts of Bihar. The most common way to enjoy it is steamed rice or pulao, with spicy curry.





Krishna bhog rice

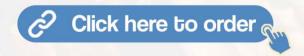
Adhauraagrolink Krishak PCL

Bhabhua, Bihar

₹ 40 | Qty: 1 kg



Krishna bhog rice, medium slender grains. Perfect for making bhaat and serve it with dal, papad & achar.





Madhubani Rice

Ladania Krishak PCL

Q Ladania, Bihar

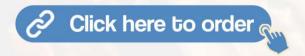
₹ 55 | Qty: 1 kg



Madhubani rice, a local variety grown by FPO farmers of Madhubani district.

Long slender grains & distinct aroma.

Perfect for everyday meal and special occasions.





Scented rice

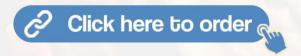
Lal Singh Tyagi FPCL

• Patna, Bihar

₹ 25 | Qty: 500 g



Scented rice is traditionally grown in this region. Medium to long-grains, known for its excellent aroma. Ideal for making regular steamed rice or kheer.





Sonachur rice

Aggressive Chausa FPCL

Buxar, Bihar

₹ 75 | Qty: 1 kg

Sonachur rice is premium aromatic medium-grain rice variety with an excellent taste. The cooked rice is fluffy, non-sticky, sweet & easily digestible.





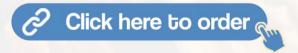
Sona masuri raw rice

Chainpur Krishi FPCL

• Patna, Bihar

₹ 60 | Qty: 1 kg

Sona Masoori Raw Rice is a mild, aromatic and medium grained rice variety. It tastes great when steamed and served with curry or stir-fry. Soak the rice for some time before cooking.





Katarni poha

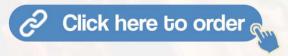
Zardalu & Katarni Agro FPCL

Sultanganj, Bihar

₹ 160 | Qty: 1 kg



The famous Katarni chura/poha from Bhagalpur FPO, known for its distinct aroma and taste. These flattened rice flakes can be eaten with curd or milk. You can simply fry it or make delicious poha.





Maize chips

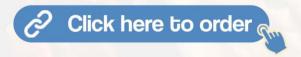
Bithan FPCL

• Patna, Bihar

₹ 20 | Qty: 100 g



Maize Chips are made from the premium quality maize grown organically. It is a wholesome, tasty & crunchy snack. Also a healthy snacking option.





Maize poha

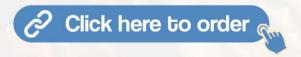
Gogabil Lake Agro FPCL

• Patna, Bihar

₹ 50 | Qty: 200 g



Introducing our Maize Poha/Corn Flakes made from premium quality maize. Versatile and nutritious, they can be enjoyed as a wholesome breakfast cereal or as a crunchy poha on the go.





Makhana

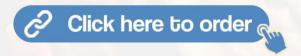
Gogabil Lake Agro FPCL

• Patna, Bihar

₹ 130 | Qty: 150 g



Makhana is a popular and nutritious snack. Specially makhana from Bihar is world famous. Eat by roasting it, or make makhana kheer or halwa. You'll get the authentic taste.



Spices



Coriander powder

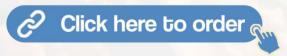
Amrit Lal FPCL

• Patna, Bihar

₹ 20 | Qty: 100 g



Elevate your dishes with the aromatic touch of Organic Coriander Powder.
Ground from premium organic seeds, this 100g pack adds rich flavor to curries, marinades, and sauces.
Experience purity and quality in every sprinkle.





Mustard seeds

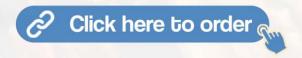
Sukhchain Agriculture FPCL

• Patna, Bihar

₹ 65 | Qty: 500 g



Best quality of yellow mustard, often used whole in pickling, marinades & spice blends. Ground yellow mustard seeds are a key component of prepared mustard sauces.





Red chilli powder

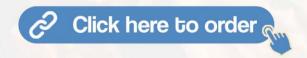
Kareh Shivajinagar FPCL

• Patna, Bihar

₹ 150 | Qty: 250 g



Sourced from the finest red chillies and finely ground. Add intense flavour & vibrant colour to your favourite dishes.





Turmeric powder

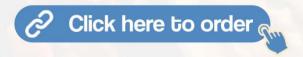
Shyamdesari FPCL

Q Vaishali, Bihar

₹ 185 | Qty: 500 g



Haldi powder, made from turmeric finger. This pure turmeric powder will add depth of flavour and vibrant colour to your dishes. Also can be used in face pack or consumed with milk.



Sweets & sweeteners



Maize laddu

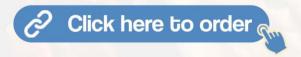
Bithan FPCL

• Patna, Bihar

₹ 20 | Qty: 100 g



Maize laddu, a delicious and nutritious sweet treat made from the finest quality maize flour.





Milk peda

Berru Kumar Bosak FPCL

♥ Kishanganj, Bihar

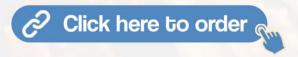
₹ 350 | Qty: 1 kg



Milk peda is famous sweets in Bihar.

Made from pure buffalo milk, this peda is a sweet delight for the sweet-tooth.

Taste this once and you will feel like eating it again and again.



Sweets & sweeteners



Raw Moringa honey

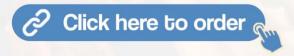
Tekari Agro FPCL

Gaya, Bihar

₹830 | Qty: 1 kg



Pure moringa honey obtainedfrom moringa flower nector from the bee boxes. Use honey as a natural sweetener in place of sugar in recipes such as tea, coffee, baked goods and salad dressings.





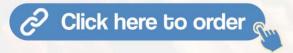
Litchi squash

Farm to Fork FPCL

• Patna, Bihar

₹ 130 | Qty: 1 L

Litchi squash is a flavoured syrup made from the extract of litchi. This tropical delight is typically sweet and fragrant just like lichi fruit. Dilute it with water or soda & make special litchi juice at home.





Mango squash

Farm to Fork FPCL

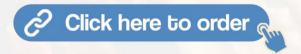
• Patna, Bihar

₹ 130

Qty: 1 L



Delicious mango squash, made with ripe mangoes. Bursting with natural sweetness and tangy flavour of mangoes. Perfect for making refreshing, tangy mango juice in minutes.





From the fertile fields of Bihar to your kitchen table on just a click

For further queries, mail wu us at sfac@nic.in

