



Healthy delights of Dev Bhoomi
Pure & mountain-fresh
From FPO Farmers of Uttarakhand



Discover the superfoods of Uttarakhand

Kitchen staples (rice, dal, atta, millet, oil & spices)

Barnyard millet or jhangora rice
Cow ghee
Foxtail seed (kauni)
Finger millet flour / Ragi atta
Gahat dal / kulthi dal / horse gram
Green soya bean
Makki atta / corn flour | maize flour
Multigrains atta
Organic chaunsa rice
Organic jow grains(barley)
Organic jow atta(barley)
Organic red rice
Organic white rice
Pahadi Lobia dal
Pahari turmeric powder
Rajma dal
Red kidney beans(Rajma)
Red Lobia dal
Soya bean (Bhatt ki dal)

Condiment

Amla pickle
Home made mix pickle
Homemade pahadi nimbu pickle

Healthy drinks

Amla juice
Buransh juice
Lemon juice
Malta juice

Mountain honey

Himalayan forest honey(multi-flora)
Natural honey

Seeds

Black sesame
Flaxseed
Hemp seed
Ramdana seed (Chaulai)

Hand knitted warmer

Poncho

Others

Bee pollen
Beeswax candle
Cleome viscosa/ Zakhiya dana



Barnyard millet or Jhangora rice

Barnyard millet, or Jhangora, is rich in minerals, antioxidants, and flavonoids. It is also a good source of crude fiber and crude protein. Make healthy and delicious dishes with this pure & fresh millet grown in the Himalayan foothills.

₹130 Qty: 500 gm

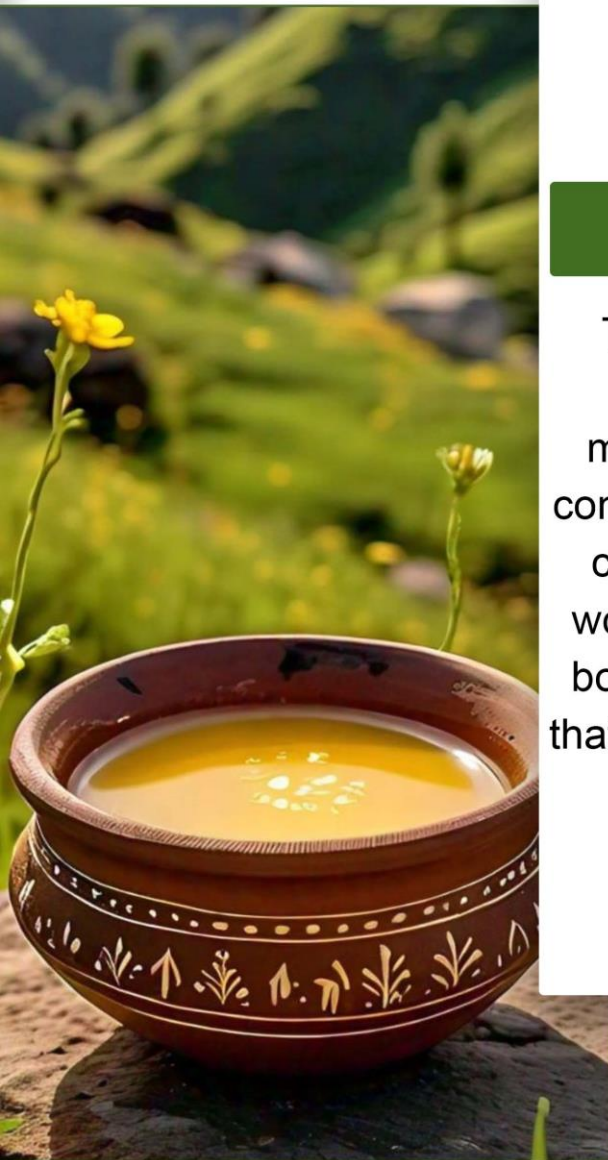
Dwarahat Krishak Vikas PCL
Dwarahat, Uttarakhand



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Kitchen staples (rice, dal, atta, millet, oil & spices)



Cow ghee

This pure cow ghee is made using the traditional Bilona method. Here, first, the milk is converted into curd, which is then churned to make butter in the wooden vats. The butter is then boiled on a slow wooden fire so that the water evaporates, leaving behind pure ghee.

₹650 Qty: 500 gm

Himchli Agri PCL
Dharchula, Uttarakhand



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Foxtail seed (kauni)

This small, nutritious grain has been used in various cultures for centuries. Foxtail millet is one of the oldest cultivated millets valued for its health benefits and versatility. Enjoy delicious dishes with this vitamin B-rich pure foxtail millet for healthy skin & hair.

₹100 Qty: 200 gm

Garsain Krishak Vikas PCL
Chamoli, Uttarakhand



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Finger millet flour / Ragi atta

Packed with protein and fiber, this pure finger millet flour aids weight loss and helps you stay fit. Make delicious dishes like porridge, baked goods, and soups with this finely ground, nutrient-rich Ragi atta.

₹80 Qty: 1 Kg

**Chaukhamba Hill FPCL
Rudraprayag, Uttarakhand**



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Kitchen staples (rice, dal, atta, millet, oil & spices)



Gahat dal / kulthi dal / horse gram

Rich in antioxidants, horse gram provides multiple health benefits. Grown amid the fresh Himalayan climate, this pure horse gram also provides tasty dal recipes that Uttarakhand tourists often fall in love with.

₹220 Qty: 1 Kg

Goljyu FPCL

Champawat, Uttarakhand



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Green soya bean

The specialty of green soya beans is that their fibrous pods are still green, and the inner beans are tender and soft compared to mature soya beans. This pure, fresh, protein-rich soya bean provides delicious dishes with several health benefits.

₹40 Qty: 500 gm

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Makki atta / corn flour | maize flour

Rich in protein & dietary fiber and low in fat, this pure makki atta is made from hand-picked, fine-quality farm-fresh maize.

Make breakfast meals, cornbread, confectioneries, Mexican tortillas, and more with this finely ground flour. The carbohydrate-rich cereal keeps

₹55 Qty: 1 Kg

Lohaghat Hill FPCL
Champawat, Uttarakhand



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Multigrains atta

This 100% vegan, fiber-rich, preservative-free is ground in traditional Chakki to preserve the natural goodness of multi-grains. The safely packed atta is made from 5 healthy grains. Enjoy delicious dishes like roti, back food, etc.

₹80 Qty: 1 Kg

Lohaghat Hill FPCL
Champawat, Uttarakhand



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Organic chaunsa rice

Organic Chaunsa rice is a premium variety of aromatic Basmati rice that epitomizes quality, flavour, and purity. Carefully cultivated in organic fields and harvested with meticulous attention, this high-quality rice brings authenticity to your plate.

₹106 Qty: 500 gm

Chandrashila FPCL
Dehradun, Uttarakhand



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Organic jow grains (barley)

This premium organic jow is a wholesome and nutritious grain perfect for adding immense health benefits to your meals. Sourced from certified organic farms and processed with care, it's free from pesticides and chemicals, ensuring purity and quality in every grain.

₹56 Qty: 500 gm

Chandrashila FPCL
Dehradun, Uttarakhand



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Organic jow atta (barley)

The perfect choice for all your healthy baking needs, this pure jow atta is made from 100% organic grains. The high-quality atta is rich in nutrients and has a deliciously nutty flavour, perfect for making rotis, parathas, etc.

₹112 Qty: 1 Kg

Chandrashila FPCL
Dehradun, Uttarakhand



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Organic red rice

Grown with care without harmful chemicals, this premium red rice is packed with nutrients and a unique flavour. A good source of fiber and minerals, this organic red rice is a staple in your pantry. Enjoy its unparalleled taste and health benefits in every meal.

₹70 Qty: 1 Kg

Chandrashila FPCL
Dehradun, Uttarakhand



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Organic white rice

A versatile and wholesome staple perfect for creating delicious and nutritious meals. Sourced from certified organic farms and processed with care, this premium white rice is grown without pesticides and chemicals, ensuring purity and quality in every grain.

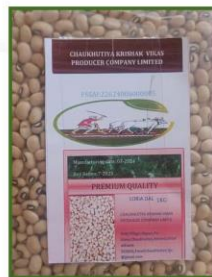
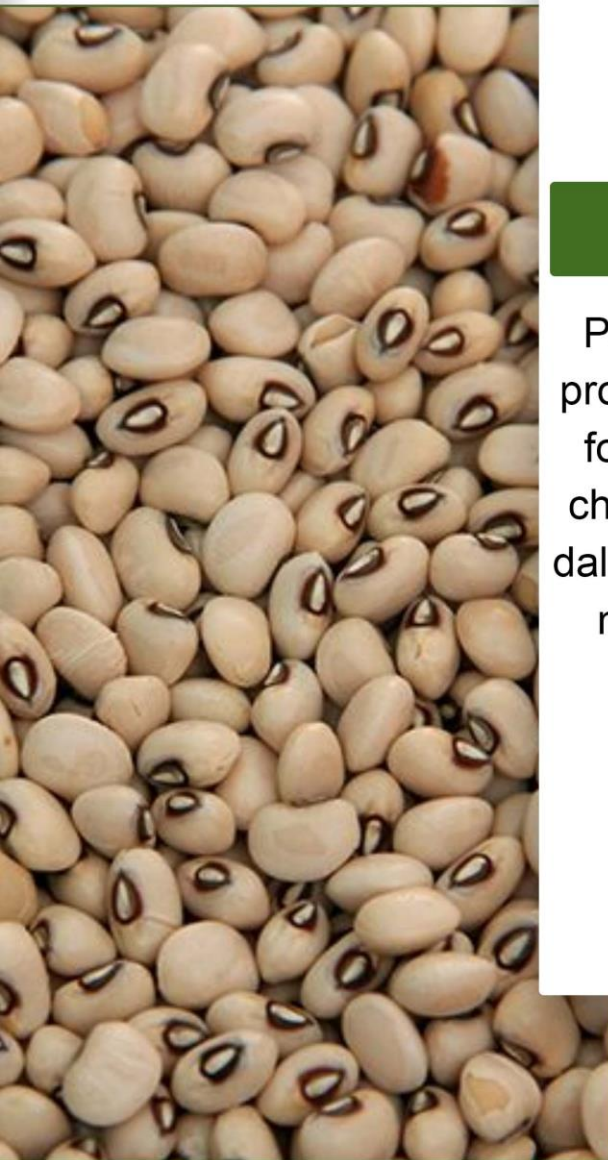
₹70 Qty: 1 Kg

Chandrashila FPCL
Dehradun, Uttarakhand



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Pahadi Lobia dal

Pure mountain-fresh Lobia dal provides a low-fat diet, beneficial for heart health and managing cholesterol levels. The fiber-rich dal supports digestion and weight management by promoting a feeling of fullness.

₹180 Qty: 1 Kg

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Pahari turmeric powder

This pure pahadi Haldi is organically produced in Champawat, Uttarakhand. It's safely dried and ground by FPO farmers, ensuring intact goodness and purity. Apart from enhancing your cooking, it improves the immune system and supports weight loss.

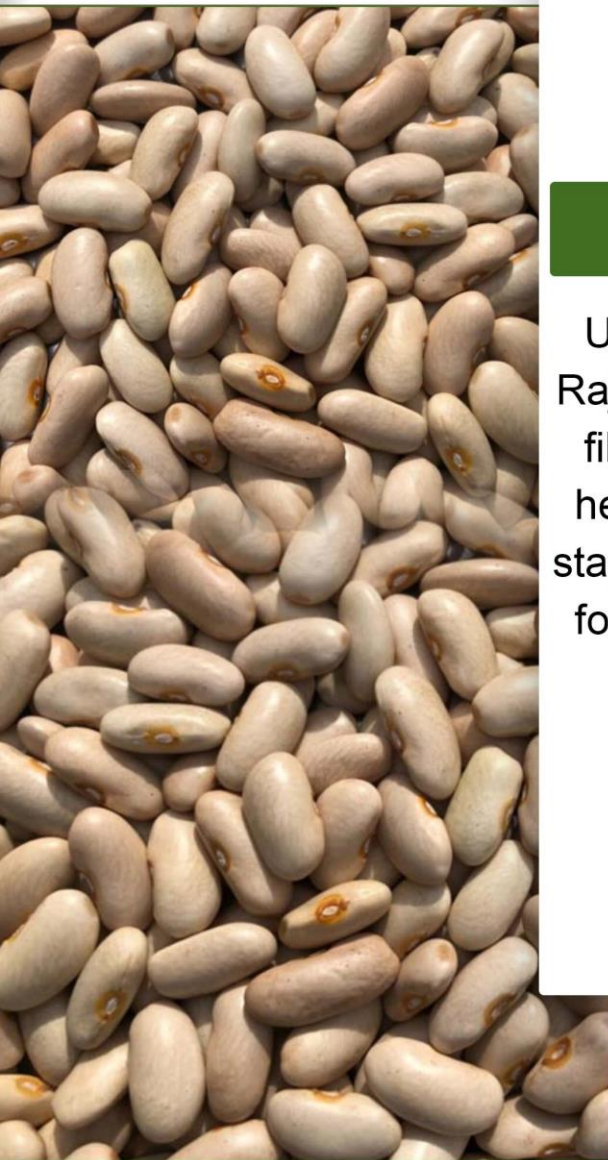
₹60 Qty: 200 gm

**Lohaghat Hill FPCL
Champawat, Uttarakhand**



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Rajma dal

Unpolished, pure & farm-fresh Rajma, rich in protein and dietary fiber, is delicious and provides healthy dishes. Rajma dish is a staple in many Indian households for its comforting and satisfying taste.

₹240 Qty: 1 Kg

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Red kidney beans (Rajma)

Red kidney beans are believed to support Healthy weight maintenance, boost plant-based protein intake & control blood glucose levels. A popular North Indian dish made from red kidney beans is cooked in a thick, spicy tomato gravy and served with rice.

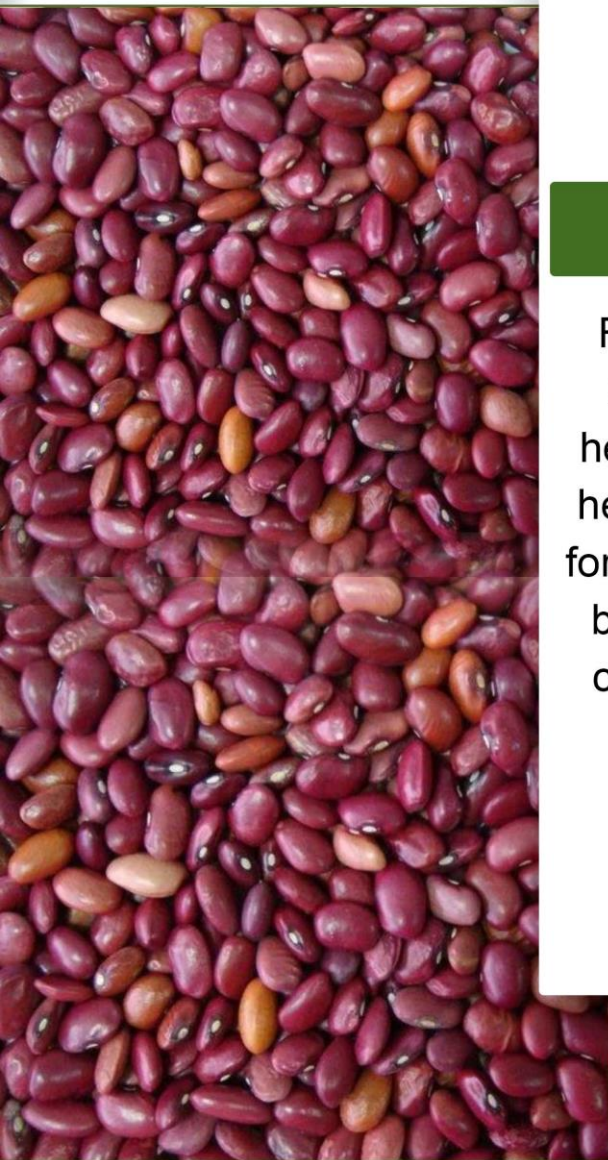
₹120 Qty: 500gm

Dwarahat Krishak Vikas PCL
Dwarahat, Uttarakhand



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Red Lobia dal

Rich in fiber and protein, this unpolished farm-fresh dal is healthy and provides immense health benefits. Lobia is known for boosting energy and helps in building muscles. It is easy to cook and improves digestion.

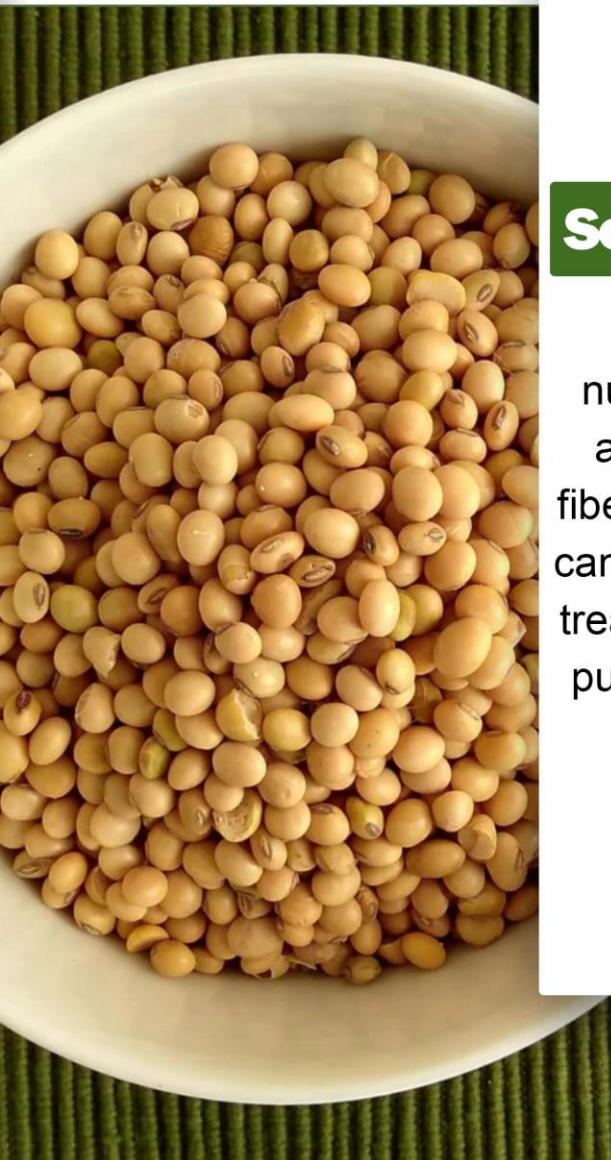
₹100 Qty: 500

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Soya Bean (Bhatt ki dal)

An incredibly versatile and nutritious legume. Soya beans are a great source of protein, fiber, vitamins, and minerals. You can make savory dishes or sweet treats with these mountain-fresh, pure & wholesome soya beans.

₹140 Qty: 1 Kg

**Chaukhamba Hill FPCL
Rudraprayag, Uttarakhand**



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Amla pickle

Tangy, spicy, and packed with vitamin C, this pure Amla pickle is a must-have for any pickle lover. Made with fresh green Amla and a blend of aromatic spices, it adds a punch of flavour to your meal. Enjoy it as a side dish, mix it into your curries, or eat it with your favorite flatbread.

₹100 Qty: 500 gm

Lastar Hilain FPCL
Dehradun, Uttarakhand



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Home made mix pickle

Enjoy the authentic taste of this delicious mix pickle made from handpicked vegetables and pure spices. Made in pahadi traditional pickling style by women FPO farmers, it provides hot & tangy flavours.

₹249 Qty: 1 Kg

**Chaukhamba Hill FPCL
Rudraprayag, Uttarakhand**



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Homemade pahadi nimbu pickle

A spicy and tangy pahadi delicacy made from premium-quality hill lemon & pure spices. Enjoy the delicious taste with the benefits of vitamin C. You can enjoy it with your snacks and meals.

₹250 Qty: 1 Kg

**Chaukhamba Hill FPCL
Rudraprayag, Uttarakhand**



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Amla juice

It is made from the pure natural amla fruit, providing a burst of vitamin C. It's rich in antioxidants, boosts immunity & supports weight loss. Also, apply it on the scalp to control dandruff, hair fall, and premature greying.

₹160 Qty: 700 ml

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Buransh juice

This pure & unadulterated juice from natural Buransh flowers provides several health benefits. The healthy juice is tasty too. Enjoy a perfect balance of sweet and tangy flavour in each sip.

₹160 Qty: 750 ml

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Almora, Uttarakhand



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Lemon juice

The distinctive sour taste of this pure lemon juice makes it ideal for making lemonade. This concentrated lemon syrup is made from pure lemon juice & natural sweetener. No preservatives or artificial flavours, just dilute with water & enjoy the vitamin C-rich refresher.

₹130 Qty: 750 ml

Himkuber Agro FPCL
Almora, Uttarakhand



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Malta juice

Malta juice is rich in vitamin C, folate, potassium & antioxidants.

This pure juice contains natural sweeteners. Add 30 % juice with 70% water to make a healthy and refreshing drink.

₹160 Qty: 750 ml

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Himalayan forest honey (multi-flora)

This authentic multi-flora honey is collected by FPO farmers of Uttarakhand straight from the hives of the jungle. Enjoy the sweetness of this nutrient-rich honey in its purest form.

₹425 Qty: 500 gm

**Chaukhamba Hill FPCL
Rudraprayag, Uttarakhand**



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Natural honey

This natural honey is sourced from the high rises of Uttarakhand. It is unfiltered and unpasteurized, retaining all its natural enzymes, antioxidants, vitamins, and minerals. Use it in tea, toast, baking, or as a natural remedy for various ailments.

₹350 Qty: 500 gm

Himchli Agri PCL
Dharchula, Uttarakhand



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Black sesame

Black sesame contains healthy fats, fiber, iron, calcium, magnesium, and phosphorus. These tiny seeds are believed to reduce the risk of heart disease. Make sweet dishes with this premium sesame seed, or add to curries & enjoy the nutty taste.

₹110 Qty: 200 gm

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Flaxseed

Rich in protein, fiber, and omega-3 fatty acids, this premium-quality, aromatic flax seed provides multiple health benefits. Add roasted and ground seeds to your cooking, salad, or smoothie for a healthy & delicious boost.

₹80 Qty: 250 gm

Chaukhutiya Krishak Vikas PCL
Almora, Uttarakhand



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Hemp seed

Hemp seeds are a great source of protein, as more than 25% of their total calories are from high-quality protein. Hemp seeds are rich in healthy fats and essential fatty acids. Take these healthy seeds with cereal, smoothies, or yogurt.

₹50 Qty: 100 gm

Dwarahat Krishak Vikas PCL
Dwarahat, Uttarakhand



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Ramdana seed (Chaulai, Amaranth)

High in protein, this gluten free grain can be used as a substitute for wheat. Dry roasted Ramdana seeds release pleasant aroma and add a nutty taste to food. Cook this pure amaranth like rice or use the flour as a wheat substitute.

₹100 Qty: 200 gm

**Garsain Krishak Vikas PCL
Chamoli, Uttarakhand**



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Poncho

This beautiful Poncho is meticulously hand-woven using 100% pure wool, known for its exceptional softness and warming properties. Stay cozy and comfortable in chilly weather while showcasing your sense of style. Available in 4 contrast colours: pink, green, red, blue.

₹1999 Qty: 1 piece

Ratandeep FPCL
Nainital, Uttarakhand



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Bee pollen

Bees collect pollen from plant anthers, mix it with a small dose of the secretion from salivary glands or nectar, and place it in corbiculae on the tibia of their hind legs. Bee pollen contains vitamins, minerals, carbohydrates, lipids, and protein. Add these pure nutrients to your

₹500 Qty: 500 gm

**Himkuber Agro FPCL
Almora, Uttarakhand**



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Beeswax candle

Beeswax candles are a natural, eco-friendly alternative to traditional paraffin candles. Made from the wax produced by honeybees, these candles are valued for their clean-burning properties, subtle honey scent, and long-lasting burn.

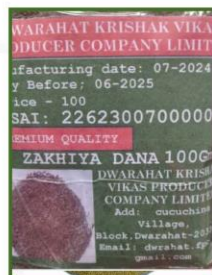
₹100 Qty: 1 piece

Himkuber Agro FPCL
Almora, Uttarakhand



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Cleome viscosa/ Zakhiya dana

This Himalayan herb is valued in traditional medicine and has potential benefits in curing several ailments.

₹90 Qty: 100 gm

Dwarahat Krishak Vikas PCL
Dwarahat, Uttarakhand



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**All these products are
naturally grown and processed
by FPO farmers.**

**Each pack contains love, care
and traditional delicacies of
Uttarakhand in the purest
form.**

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